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### Sport Nutrition 2nd Asker Jeukendrup

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Asker Jeukendrup, PhD, is a professor at Loughborough University in the United Kingdom, the director of the Mysportscience performance consulting firm, and cofounder and co-CEO of CORE Nutrition Planning. After obtaining his degrees at Maastricht University in the Netherlands, he spent a year at the University of Texas at Austin before accepting a position at the University of Birmingham in the United Kingdom.

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Jeukendrup has authored several books on sports nutrition and over 200 peer reviewed journal articles on exercise and sports nutrition. His research interests include metabolic responses to exercise, regulation of carbohydrate and fat metabolism, sports nutrition, gastrointestinal complaints during exercise, training and over-training.

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